

Carmen Lamar Gonzalez

SAG-AFTRA | AEA

KPA Management | karenriposo@aol.com | 212-243-5192

Brown, wavy hair | brown eyes | 5'7"

www.carmenalar.com



TELEVISION

FBI	Recurring (Carla Flores)	Dick Wolf Productions
Partner Track	Co-Star	Dir. Adam Brooks, Netflix
Power	Co-Star	Dir. Bart Wenrich, Starz
The Mysteries of Laura	Co-Star	Dir. Michael Schultz, NBC-TV
One Life to Live	Recurring	ABC-TV

FILM

Camp Joy	Supporting	Daylight Supreme, Digital 7 Productions
20 Minutes of Action (<i>Documentary</i>)	Lead	Charles Nuckolls
Contact (<i>Short</i>)	Supporting	Oday Rasheed

THEATRE

The Time of the Cuckoo	Fioria	Dir. Pamela Moller Kareman	Schoolhouse Theatre
The Baby Dance	Rachel	Dir. Mahayana Landowne	Schoolhouse Theatre
Camelot	Guenevere	Dir. Vicki Pennington	Jekyll Island Musical Theatre Fest.
The House of Blue Leaves	Corrina	Dir. Pamela Moller Kareman	Schoolhouse Theatre
Dina & Alba	Dina	Dir. Kevin Albert,	In Scena Italian Theatre Festival
Maids of Honor	Monica	Dir. Lisa Vioni	American Theatre of Actors
Glockcoma, a new musical	Alexandra	Dir. Brian Catton	w/ Loni Ackerman, MITF
Francis Meets Francis	Connie Francis	Dir. John Oddo	Leonard Nimoy Thalia Theatre

INDUSTRIALS, HOSTING, COMMERCIALS, CABARET

Demo reels may be found on [IMDB](#) | [YouTube](#) | [Broadway World](#) | [Backstage](#) | [Actor's Access](#) | [www.carmenalar.com](#)

TRAINING

Acting: Anthony Abeson, Fred Kareman (Meisner) Theatre Education: BA Texas A&M University, MA Hunter College
VO: Wendy Dillon, Jake Daehler Vocal Coaching: Justin D. Reamy, Steven Silverstein, Joyce Hall
Movement: Luigi Jazz Center, Broadway Dance

SPECIAL SKILLS

Mezzo Soprano (C3-D5 chest; to C6 head voice), TelePrompTer, Ear Prompter, Pilates, yoga, swimming, snorkeling, biking, hiking, jogging, indoor bike, kayaking, canoeing, int. piano, beg. guitar